

# Free Online Physical Activity Program



**Are you interested in a free online physical activity program that your child can do at home, on your schedule?**

**We are looking for Latinx children who are 7-11 years olds and who have mild or greater difficulties in cognitive or behavioral skills**

## ELIGIBILITY CRITERIA

- Latinx children (7-11 years old)
- Parents reporting concerns with their child's cognitive and behavioral development.

**\*Must have access to a technological device**

**If selected, participants will:**

**The child will complete an online physical activity program twice, daily for 10-15 minutes each session aiming to improve balance and coordination, and potentially cognitive and behavioral skills. Parents will complete rating forms before, during, and after the intervention.**

**Please contact the primary research investigator with any questions about the study:**

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